

Are you using physical activity or exercise to lose weight or keep from gaining weight?*
Kentucky BRFSS 2000

Demographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	3839	1776	50.1	(47.9-52.4)	2063	49.9	(47.6-52.1)
GENDER							
Male	1362	596	49.0	(45.3-52.7)	766	51.0	(47.3-54.7)
Female	2477	1180	50.9	(48.1-53.7)	1297	49.1	(46.3-51.9)
RACE							
White/NH	3608	1667	50.3	(48.0-52.6)	1941	49.7	(47.4-52.0)
African American/NH	169	81	46.6	(36.5-57.0)	88	53.4	(43.0-63.5)
AGE							
18-24	311	194	63.0	(54.8-70.5)	117	37.0	(29.5-45.2)
25-34	622	341	55.6	(50.3-60.8)	281	44.4	(39.2-49.7)
35-44	819	408	50.9	(46.0-55.8)	411	49.1	(44.2-54.0)
45-54	804	378	51.8	(46.9-56.6)	426	48.2	(43.4-53.1)
55-64	610	248	45.1	(39.8-50.6)	362	54.9	(49.4-60.2)
65+	664	205	33.0	(28.4-37.9)	459	67.0	(62.1-71.6)
EDUCATION							
Less Than H.S.	735	216	32.1	(27.4-37.1)	519	67.9	(62.9-72.6)
H.S. or G.E.D.	1428	612	45.9	(42.3-49.6)	816	54.1	(50.4-57.7)
Some Post-H.S.	947	493	55.2	(50.5-59.7)	454	44.8	(40.3-49.5)
College Graduate	718	451	64.8	(60.0-69.3)	267	35.2	(30.7-40.0)
HOUSEHOLD INCOME							
Less than \$15,000	485	160	38.3	(32.1-44.8)	325	61.7	(55.2-67.9)

\$15,000- 24,999	773	305 40.0 (35.4-44.7)	468 60.0 (55.3-64.6)
\$25,000- 34,999	536	267 51.4 (45.6-57.1)	269 48.6 (42.9-54.4)
\$35,000- 49,999	592	311 51.9 (46.4-57.4)	281 48.1 (42.6-53.6)
\$50,000+	667	388 61.8 (56.8-66.6)	279 38.2 (33.4-43.2)

*This question is asked only if the respondent reported trying to lose or maintain weight.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, % = Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.